

Iowa

SNAP Benefits

Could you get help with your food budget?

Household Size	Income Limit Per Month	Maximum Benefit Per Month
1	\$1,944	\$291
2	\$2,630	\$535
3	\$3,315	\$766
4	\$4,000	\$973
5	\$4,686	\$1,155
6	\$5,371	\$1,386
7	\$6,056	\$1,532

Higher income limits are available for households with a member who is over 60 years old or has a disability.

Benefit amounts depend on income, expenses, and household size. Additional eligibility criteria may also apply.

**APPLY or GET A
BENEFIT ESTIMATE**

